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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 10 Heath and Social Care | **Component 2- Health and Social Care services and values**   * Retrieval   **Learning outcome B3- The obstacles individuals requiring care may face**  **-**explore the personal obstacles that individuals requiring care may face.  **Learning outcome B4- The benefits to the individuals of the skill, attributes and values in health and social care practice.**   * Explore how skills, attributes and values benefit individuals when receiving care. | **Component 2- Health and Social Care services and values**  **Learning outcome B4- The benefits to the individuals of the skill, attributes and values in health and social care practice.**   * Explore how skills, attributes and values benefit individuals when receiving care.   **PSA- Pearson Set Assignment for Component 1 to be completed in exam conditions.**  **Component 3: Health and Wellbeing**  **Learning Outcome A1- Factors that affect wellbeing.**  -Explore how factors affect and individuals health and wellbeing. | **Component 3: Health and Wellbeing**  **Learning Outcome A1- Factors that affect wellbeing.**  -Explore how factors affect and individual’s health and wellbeing both positively and negatively.  **Learning Outcome B- Interpreting health indicators**  **B1- Physiological indicators.**  -Explore how physiological indicators are used to measure health | **Component 3: Health and Wellbeing**  **Learning Outcome B- Interpreting health indicators**  **B2- Lifestyle indicators**   * Explore how lifestyle choices determine physical health   **Learning Outcome C1- Person centred approach**   * Explore the use of the person centred approach in settings.   **Learning Outcome C2- Recommendations and actions to improve health and wellbeing.** | **Learning Outcome C3- Barriers and obstacles to following recommendations**  -Learners will explore the barriers and obstacles that individuals can face when following recommendations and the unique ways that they can be overcome.  **External assessment revision** | **External assessment revision**  **External assessment for Component 3** |