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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 10 Heath and Social Care  | **Component 2- Health and Social Care services and values*** Retrieval

**Learning outcome B3- The obstacles individuals requiring care may face****-**explore the personal obstacles that individuals requiring care may face. **Learning outcome B4- The benefits to the individuals of the skill, attributes and values in health and social care practice.** * Explore how skills, attributes and values benefit individuals when receiving care.
 | **Component 2- Health and Social Care services and values****Learning outcome B4- The benefits to the individuals of the skill, attributes and values in health and social care practice.** * Explore how skills, attributes and values benefit individuals when receiving care.

**PSA- Pearson Set Assignment for Component 1 to be completed in exam conditions.** **Component 3: Health and Wellbeing** **Learning Outcome A1- Factors that affect wellbeing.** -Explore how factors affect and individuals health and wellbeing.  | **Component 3: Health and Wellbeing** **Learning Outcome A1- Factors that affect wellbeing.** -Explore how factors affect and individual’s health and wellbeing both positively and negatively. **Learning Outcome B- Interpreting health indicators****B1- Physiological indicators.** -Explore how physiological indicators are used to measure health  | **Component 3: Health and Wellbeing** **Learning Outcome B- Interpreting health indicators****B2- Lifestyle indicators** * Explore how lifestyle choices determine physical health

**Learning Outcome C1- Person centred approach*** Explore the use of the person centred approach in settings.

**Learning Outcome C2- Recommendations and actions to improve health and wellbeing.**  |  **Learning Outcome C3- Barriers and obstacles to following recommendations**-Learners will explore the barriers and obstacles that individuals can face when following recommendations and the unique ways that they can be overcome. **External assessment revision**  |  **External assessment revision** **External assessment for Component 3**  |